

2021-2022 Friendship Christian Schools Morning and Afternoon Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Canned Pineapple (1/2 cup) Stacey's Pita Chips (5 chips) ***** Cheerios (1/2 cup)/Raisins 1% milk (1/2 cup)	Baby Carrots (1/2 cup) with Ranch dressing 1% milk (1/2 cup) ***** Graham animal crackers (12) Gogurt (1 tube)	Canned Peaches (1/2 cup) Ritz Crackers (6 Crackers) ***** Cucumbers (6)w/ Dressing (1 stick is 3" long and 3/4" wide) 1% Milk (1/2 cup)	1% Milk (1/2 cup) Belvita Breakfast Biscuits (3) ***** Wheat Thins (6 crackers) Orange Juice (1/2 cup)	Sliced Banana (1/2 cup) Goldfish Crackers (26 pcs.) ***** Club Crackers- (5 pcs.) 1% Milk (1/2 cup)
Canned Mixed Fruit (1/2 cup) Ritz Crackers (6 crackers) ***** Cantaloupe 2/10" med. melon (1/2 cup) Wheat Thins (6 crackers)	Diamond Head Crème Crackers (2 crackers) 1 % Milk (1/2 cup) ***** ½ turkey and cheese sandwich (1 slice cold cuts & ½ slice cheese ½ oz)	Graham Crackers (1 Cracker) 1% Milk (1/2 cup) ***** Orange Wedges (1/2 cup) Pretzels Crisps (5 chips)	Canned Pears (1/2 cup) Cheese Nips (14 Crackers) ***** Chicken Salad Sandwich (1/2) 1% Milk (1/2 cup)	Apple Wedges (1/4 cup) String Cheese (1 oz) ***** Sunchips (8 chips) 1% Milk (1/2 cup)
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Milk - Kirkland 1% milk, Kirkland Fat Free Milk, Sunhearth lowfat 1%

(Rev. 8/22/21)

Orange Juice - Meadow Gold 100% Orange Juice

Cheese - Kraft Singles American Cheese Slices

String Cheese - Frigo Cheese Heads String Cheese

Cold Cuts - Member's Mark Smoked Turkey Breast, Kirkland Sliced Oven Roasted Turkey Breast

(WG) Multi-Grain Crackers - Crunchmaster Multi-Grain Oven Baked Crackers

(WG) Pretzels Crisps - Snack Factory Pretzel Crisps Original

Canned Chicken - Member's Mark Premium Chunk Chicken Breast

(WG) Bread - Roman Meal Honey & Oats Bran Bread

Raisins - Sun-Maid Raisins

Dressing - Hidden Valley Ranch Dressing

(WG) Crackers: Townhouse Crackers, Club Crackers, Ritz, Wheat Thins, Triscuits, Diamond Bakery Saloon Pilot Crackers, Diamond Head Soda Crackers, Member's Mark animal crackers, Cheez its, Goldfish

(WG) Pita Chips - Stacy's Pita Chips

Fresh Fruit (Seasonal) - Banana, Fuji Apples, Oranges, Cantaloupe

Fresh Vegetables (Seasonal) - Cucumbers, Baby Carrots

Canned Fruit - Del Monte Sliced Peaches, Del Monte Fruit Cocktail, Member's Mark Mandarin Orange, Dole Pineapple Chunks, Del Monte Pear Halves